

Fir Vale & Page Hall Food Bank



and Listening Hub

**We feed – We listen**

Every Thursday from 2pm until 3pm



Join us at St Cuthbert's Church, Fir Vale, Barnsley Rd, Sheffield, S5 6WL (opposite the entrance to the Northern General Hospital)

Here you will find :



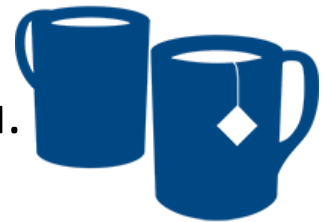
Friendship.

A Listening Ear.



Lessons in Basic English.

Help from the Citizens Advice Bureau.



A place where you can reflect and be at peace.

A meal, clothing and a bag of food



An opportunity to volunteer and help others

Fir Vale Food Bank is locally based and depends totally on the regular donations of food and money which we receive from a number of individuals, churches and other organisations in Sheffield.

We rely on volunteers and would welcome visits from anyone who wants to see the work or consider the possibility of volunteering themselves

The generosity of St Cuthbert's means we the have use of a kitchen and a warm environment in which to serve the users.

If you shop on the internet please consider using the Easy Fundraising website. St Cuthbert's will then receive a donation which helps them to cover their costs.

We welcome people of all faiths and none.  
A referral is not necessary – please come along and meet us.

We welcome gifts of:

**Basic Foods:**

- UHT Milk
- Tea Bags
- Sugar
- Rice
- Pasta
- Vegetable Oil
- Fruit Juice
- Sugar
- Biscuits
- Packet Soups
- Pasta sauces
- Breakfast Cereals
- Coffee (Instant)
- Jam
- Instant Mash
- Instant Noodles

**Personal items:**

- Soap
- Shower Gel
- Clothing (Men, Women and Children)
- Shampoo
- Toothbrushes
- Sanitary Products
- Tooth Paste

**Tins of:**

- Baked Beans
- Vegetables
- Desserts
- Spaghetti
- Meat
- Fruit
- Soups
- Fish / Sardines
- Chickpeas

**Easy Fundraising can be found at**

<https://www.easyfundraising.org.uk/causes/stcuthbertschurchfirvale>

and all money raised will go towards supporting the Fir Vale Food Bank.

## Contacts

Email: [firvalefoodbank@gmail.com](mailto:firvalefoodbank@gmail.com)

Facebook: Fir Vale Food Bank

Church Warden: Linda Elms 0114 245 0775